



Board Member Invitation

Check for a Lump is actively seeking new members to join our Board of Directors. We highly value your experience, philanthropic passion, and community involvement. We sincerely hope that you will consider becoming our ambassador and leverage your strengths to help us advance our mission.

As an official 501(C)(3) organization, our mission is clear: to provide a full continuum of care for breast cancer including free breast health education, mammograms and diagnostic testing along with wig assistance, community support services, and resources in Arizona. As a breast cancer survivor and a former wig client myself, I can personally speak to the large impact that being a part of Check for a Lump has had on my life.

Over the past fourteen years, we have swiftly risen to become a leading breast health organization throughout Arizona. Our commitment is unwavering - **100% of our programs are provided free of charge**, and every penny of funding remains in Arizona. To-date, our achievements include:

- Educated over 730,000 people with our education magazine and Step Up To Prevention presentations (including a worldwide reach with our website).
- Supplied over 2,400 new wigs to breast cancer patients
- Provided over 2,600 life-saving mammograms and diagnostic tests.
- Supported over 1,300 survivors and their co-survivors with our free and fun-filled Super Survivors Unite gatherings and our Super Survivor Kits to breast cancer patients.

We extend this invitation for you to submit your resume along with a brief description of your interest in supporting Check for a Lump. I am more than happy to arrange an in-person meeting to address any questions you may have about our commitments, programs, or any other inquiries you might want to discuss. As a breast cancer survivor and a former wig client myself, I can personally speak to the large impact that being a part of Check for a Lump has had on my life.

We are tremendously excited about the future of Check for a Lump. We firmly believe that your contributions as our ambassador would be both invaluable and personally fulfilling. For your convenience, I have attached our board requirements for your review.

Thank you for considering this important role in our mission to combat breast cancer.

With positivity and light,
Ashley Plum

Executive Director

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Check for a Lump!

Our mission is to provide free breast health education, mammograms, testing, and direct assistance to breast cancer patients with wigs, support, and resources in Arizona.

www.CheckforALump.org I.R.S. #27-4626148

602-688-5232 – info@checkforalump.org



Check for a Lump Board of Directors Commitment Form

Our mission is to provide free breast health education, mammograms, testing, and direct assistance to breast cancer patients with wigs, support, and resources in Arizona.

Board Member Name: _____

Part 1: A General Commitment

The Board of Directors is the governing body for Check for a Lump and is responsible for providing guidance to our organization to accomplish our mission. In addition, board members oversee all governance duties, assist in creating strategic goals, ensure financial responsibility, approve the annual budget, evaluate the performance of the CEO, advance our image in the community, and provide expertise and knowledge.

As part of your commitment to supporting Check for a Lump and serving on the Board of Directors, we ask that you enhance our non-profit by committing to the following:

- Familiarize yourself with our mission statement, vision statement, core values, and share these when appropriate opportunities arise
- Learn the details and the impact of all of our programs to effectively share them with our community (We will provide a workshop for you to attend to learn the details of our programs)
- Attend at least 6 of our 8 board meetings, at 5:30 - 7:00 pm in January, March, February/April, May, July, August, September, and November/December - day to be determined by board.
- Sign up to serve on an event committee and give approximately 15 hours of your time serving the committee
- Publicly share and attend our signature Check for a Lump fundraising events:
 - The Pink Soirée – Spring gala
 - Pink Out 5K – First Saturday in October
 - Wig Out – Costume & Cocktail party (typically in October/November)
- Stay connected to our mission by attending at least one Survivor Survivors Unite event held once a quarter
- Attend Board Retreat – January each year
- Commit to perform monthly breast self-exams and recommended routine mammograms (as applicable)

Initial _____

Part 2: Financial Commitment – Give, Get or In-Kind

Check for a Lump board members are expected to be a philanthropic example to our community. We ask that you commit to give, get, and gather in-kind donations for Check for a Lump to the best of your ability. We will assist you with coaching techniques.

Give: Giving is an expectation of board service and we ask each board member to give the minimum of one wig or a higher amount that is meaningful to you at our yearly gala. We also ask that each board member fill at least one table for the annual gala.

- Wig Donation = \$300
- 1 table at the annual Gala = 8 tickets = \$2,400

Get: The Check for a Lump fundraising program is a collaborative effort between the staff, the board, and our supporters. Our donors give because they support our mission. Maintaining an excellent relationship with our donors and introducing new people to our mission and programs is essential to sustaining our programs. We have several options for Board members to participate in fundraising at their personal comfort levels. We will provide you with coaching and support for any of the options below. Our expectation is that each board member will help raise an additional \$1,000 throughout the year. Examples of fundraising:

- Registrations/ticket sales for Check for a Lump events
- Host your own fundraiser
- Procure silent auction/raffle items
- Pro bono professional services
- Personal donation
- Secure donations from personal/professional contacts
- Employee matching programs or related donation programs
- Solicit and secure sponsorships

The Check for a Lump CEO will meet regularly with each member for feedback on commitments and to provide coaching and assistance to ensure each member's success.

Initial _____

Part 3: Committee Commitment

As a growing organization, the direct involvement of the Board Member is integral. As part of your commitment to making Check for a Lump a stronger organization, we need your direct involvement in forming committees. The committees include among others: Finance Committee, Development Committee, and Governance Committee.

Committee members must attend scheduled meetings (TBD by the committee), participate in discussions and share the workload. Each member's expertise contributes to the committee's success. When assigned a task, it becomes each member's duty to complete the task and report back to the committee.

A minimum of one Board member will sit on each of the committees. Each board member will report the minutes from committee to the rest of the board at the next scheduled board meeting.

Choose one to support:

_____ Finance Committee: The Treasurer is the chair of the Finance Committee. The Finance Committee is responsible for developing and reviewing fiscal procedures, fundraising plans, and the annual budget with staff and other board members. The Board must approve the budget and all expenditures must be within budget. Any major change in the budget must be approved by the Board, or by such other committee as designated by the Board.

_____ Development & Fundraising Committee: The Development Committee shall make recommendations to the Board regarding development and fund-raising, including planning and policy in regard thereto.

_____ Governance Committee: The officers of the Board serve as members of the Governance Committee. Except for the power to amend the Articles of Incorporation and Bylaws, the Governance Committee shall have the powers and authority of the Board in the intervals between meetings of the Board and is subject to the direction and control of the full Board.

Initial _____

Part 4: Your Commitment

By agreeing to the general, fundraising, and committee commitments, you agree to support Check for a Lump to the best of your abilities. We understand that you are a volunteer and are not paid for your services. Our desire is to recruit board members who share our passion to make a difference in the fight against breast cancer through education, prevention, and direct assistance with free wigs, support, and resources. We ask our board members to make a solid commitment to our cause in order for us to fulfill our mission.

By signing below, you commit:

- That you understand you are agreeing to the terms in the general, fundraising and committee commitments.
- That you understand serving on our board will require your time, energy, and dedication.
- That you will do everything you can to be a strong ambassador for our mission.
- That it is every board member's responsibility to stay in touch with the CEO and other board members and to respond in a timely and professional manner to board communication.

Together, as a Board, we can make a difference in the fight against breast cancer.

I, _____, understand that my term on the Check for a Lump Board of Directors is for two years, starting from _____. Should I not follow through with the commitments outlined herein, I may be removed from the Check for a Lump Board of Directors at the discretion of the Board of Directors.

Should I not fulfill my obligation to a task stated on this form, I will give advance written notice (14 days) to the Board. In the event that I decide to remove myself from the Check for a Lump Board of Directors, I will submit a 30-day written notice to the Check for a Lump Board of Directors and will be expected to fulfill any tasks that may fall within my last 30 days.

Board Member Signature & Date: _____